BREAKFAST

– THE –

BRIDGEWATER EXCHANGE

·MANCHESTER·

Classic Plates

The BIG Breakfast 17.50
Blakeman's Cumberland pork sausages, back bacon, Bury black pudding, eggs fried or scrambled, baked beans, flat mushroom, roasted tomato, toast and potato tots (1336 kcal)

The Number ONE 14.75
Blakeman's Cumberland pork sausage, back bacon, Bury black pudding, eggs fried or scrambled, baked beans, flat mushroom, roasted tomato and potato tots (1048 kcal)
Add toast V (+353 kcal) *3.50*

Veg Market Breakfast *VG* 14.75
Vegan sausages, smashed avocado, rainbow peppers, flat mushroom, roasted tomato, potato tots, mixed grains and baked beans (726 kcal)
Add fried or scrambled eggs V (+257 kcal) *2.25*

ADD FRESH OJ *V* 4.75 (134 kcal)

SWEET THINGS

Maple Bacon Pancakes 12.00
Three buttermilk pancakes topped with bacon rashers and served with maple-flavoured syrup (1090 kcal)

Chocolate Cherry Pancakes *V* 12.00
Three buttermilk pancakes with chocolate sauce, clotted cream and cherry compote (976 kcal)

DEAD GOOD EGGS

Try one of our locally inspired dishes - Just look for the bee symbol

Manchester Rarebit 12.00
Joseph Holt beer cheese and mustard rarebit toast, topped with a fried egg and hot honey (540 kcal)

Eggs Bury-dict 14.50
Bury black pudding, poached eggs and hollandaise sauce served on an English breakfast muffin, finished with crispy bacon pieces and house brown sauce (791 kcal)

Smoked Salmon & Scrambled Eggs 14.50
Delicious smoked salmon with creamy scrambled eggs on buttered toast (738 kcal)
Also available on gluten free bread NG (722 kcal)

Eggs Benedict 14.00
Back bacon rashers, poached eggs and hollandaise sauce served on an English breakfast muffin (636 kcal)

Eggs Royale 15.00
Smoked salmon, poached eggs and hollandaise sauce served on an English breakfast muffin (538 kcal)

FRESH & LIGHT

Smashed Avocado *VG* 11.00
Spiced avocado on toast served with tomato salsa, agave & mustard dressing, chilli oil and omega seeds (307 kcal)
Also available on gluten free bread V NG (420 kcal)

Morning Granola *VG NG* 8.00
Coconut yoghurt with oat granola, peach & apricot compote, blueberries and pomegranate (442 kcal)

Toast & Preserves *V* 4.25
Choose from white (357 kcal), brown (359 kcal) or gluten free toast *NG* (342 kcal)
Ask your server for the selection of preserves available when ordering

Porridge 7.00
Made with your choice of water *VG* (184 kcal), coconut *VG* (248 kcal) or semi-skimmed *V* (272 kcal) milk
Add:
Banana, strawberry and maple-flavoured syrup *VG* (+121 kcal) **or cherry compote *VG*** (+38 kcal) **for 50p**

Freshly Baked Croissant *V* 4.00
All butter croissant with butter and a selection of preserves - ask your server for today's selection (307 kcal)

Danish Pastries *V* 4.25
Freshly baked every day - ask your server for today's selection

BREAKFAST BARMS

Classic Barm
A soft white bread roll filled with your choice of:
Back Bacon Rashers (569 kcal) **8.00**
Blakeman's Cumberland Pork Sausages (644 kcal) **8.00**
Free Range Fried Eggs *V* (521 kcal) **7.50**
Flat Mushrooms & Smashed Avocado *VG* (371 kcal) **8.00**

Add: **Extra bacon** (+86 kcal)**, sausage** (+182 kcal) **or black pudding** (+69 kcal) **to any barm 2.50**

Bridgewater Ultimate Barm 11.50
Blakeman's Cumberland pork sausage, fried egg, back bacon and Bury black pudding (748 kcal)

ADD POTATO TOTS! 3.75 *VG* (264 kcal)

SOMETHING A LITTLE STRONGER?

Pomegranate & Elderflower Bellini 12.00
Prosecco, elderflower cordial, pomegranate syrup, pomegranate seeds

Mimosa 11.50
Prosecco, orange juice

Bloody Mary 12.00
Vodka, tomato juice, lemon juice, tabasco, Worcestershire sauce, salt & pepper, lemon wedge, celery stick

HOT DRINKS

Espresso	single (1 kcal) **3.25**	double (1 kcal) **3.75**
Macchiato	single (5 kcal) **3.25**	double (9 kcal) **3.75**
Americano (11 kcal)		**3.75**
Cappuccino (123 kcal)		**4.00**
Café Latte (132 kcal)		**4.00**
Flat White (88 kcal)		**4.00**
Mocha (173 kcal)		**4.00**
Hot Chocolate (213 kcal)		**4.25**
Yorkshire Tea (0 kcal)		**3.25**
Fruit & Herbal Teas (0 kcal) Ask a team member for the choices		**3.50**

Decaf coffee available

Milk & Alternatives:
Semi-skimmed V | Coconut VG

SOFT DRINKS

Fruit Juices Tomato (154 kcal) | Orange (154 kcal) | Apple (158 kcal) Pineapple (172 kcal) | Grapefruit (147 kcal) | Cranberry* (204 kcal)	**4.00**
Still | Sparkling Water 330ml (0 kcal)	**3.75**
Coca-Cola (136 kcal)	**4.75**
Diet Coke (1 kcal) **| Coke Zero** (1 kcal) **| Diet Lemonade** (4 kcal) **| Fanta Zero** (3 kcal)	**4.50**
Vimto Fizzy Original 330ml (63 kcal)	**4.25**
Appletiser 275ml (132 kcal)	**3.75**
San Pellegrino 330ml Limonata (77 kcal) | Aranciata (67 kcal)	**4.25**
Sparkling Elderflower 275ml (50 kcal)	**3.75**
Grapefruit Soda 200ml (38 kcal)	**3.75**
Ginger Ale 200ml (40 kcal)	**3.75**
Ginger Beer 200ml (44 kcal)	**3.75**
Fresh Orange Juice (134 kcal)	**4.75**

Go Contactless

Scan here to order and pay online or use contactless card payment
order.bridgewaterairport.com

V Vegetarian *VG* Vegan *NG* Made with ingredients that do not intentionally contain gluten *Juice Drink

If you have any food allergies or intolerances please speak to a member of the team before you order, and ask to see our interactive allergen guide with the 14 legally defined allergens. We take every care to prevent cross-contamination but can't guarantee your dish will be free from allergenic ingredients as our food and drinks are prepared in busy kitchens where cross-contamination may occur. Menu descriptions don't list all ingredients, and recipes are subject to change. Adults need around 2000 kcal a day. For full allergen and nutritional information visit tkmenus.com/bridgewater.

Prices stated are GBP and include VAT at the current rate. All major credit cards and currencies accepted. Gratuities are discretionary and distributed 100% to our team.
We welcome your feedback - email: guestexperience@trgplc.com or post: trgc, 5-7 Marshalsea Road, London, SE1 1EP www.trgconcessions.co.uk | 0426